

Reset Test

Choose the **BEST** answer. There are 15 Questions remaining.

Basic First Aid Skills

Select Answer

01. If an open wound continues to bleed after applying direct pressure:
- a. Add additional dressings and continue to apply direct pressure.
 - b. Do not remove any blood-soaked dressings.
 - c. Ensure that 9-1-1 or the local emergency number has been called.
 - d. All of the above.

Select Answer

02. What is the **first** step in caring for a wound with significant bleeding?
- a. Add bulky dressings to reinforce blood-soaked bandages.
 - b. Apply direct pressure with a sterile or clean dressing.
 - c. Apply pressure at a pressure point.
 - d. Care for shock.

Select Answer

03. How should you care for someone with minor frostbite on the fingers?
- a. Get the person to a warm environment and then rewarm his or her hands using skin-to-skin contact.
 - b. Have the person shake his or her hands vigorously until feeling is restored.
 - c. Immerse his or her hands in hot water.
 - d. Massage his or her hands vigorously.

Select Answer

04. A woman burned her hand in the lunchroom. You should:
- a. Cool the burn with large amounts of fresh running water.
 - b. Cover the burn loosely with a dry, sterile dressing.
 - c. Remove her from the source of the burn.
 - d. All of the above.

Select Answer

05. What sudden illness is usually caused by a blockage of blood flow to the brain?
- a. Diabetic emergency
 - b. Heat-related illness
 - c. Heart attack
 - d. Stroke

Select Answer

06. What is a common signal of sudden illness?
- a. Changes in level of consciousness
 - b. Loss of vision or blurred vision
 - c. Signals of shock
 - d. All of the above

Select Answer

07. Which type of injury involves an open wound in which the bone has torn through the skin?
- a. Dislocation
 - b. Open fracture
 - c. Sprain
 - d. Strain

Select Answer

08. How do you care for a person with a possible head, neck or spinal injury?
- a. Move the injured area so that it rests above the person's heart.
 - b. Move the person into a comfortable position as soon as possible.
 - c. Support the head in the position you find it. Do not try to align it.
 - d. None of the above.

Select Answer

09. A young woman is having trouble breathing and, based on your check of the person, you suspect that she is having a severe allergic reaction to a bee sting. What should you do?
- a. After about 15 minutes, call 9-1-1 or the local emergency number.
 - b. Call 9-1-1 immediately and care for the person until EMS personnel take over.
 - c. Give the person a cool drink.
 - d. Give the person abdominal thrusts.

Select Answer

10. In stroke recognition, FAST means:

- a. Face, arm, speech and time.
- b. Feet, airway, speech and temperature.
- c. Fever, anxiety, stress and taste.
- d. Flexibility, asthma and sudden tightness in the chest.

Select Answer

11. Care for a person with heat exhaustion includes the following:

- a. Force the person to quickly drink a lot of water.
- b. Get the person out of the heat and into a cooler place.
- c. Put more layers of clothing on the person as protection against the heat.
- d. All of the above.

Select Answer

12. This sudden illness results from too much or too little sugar in the person's blood. What is it?

- a. Allergic reaction
- b. Diabetic emergency
- c. Seizure
- d. Stroke

Select Answer

13. When caring for a person who is having a seizure, you should:

- a. Place a spoon or wallet between the person's teeth.
- b. Remove nearby objects that might cause injury.
- c. Try to hold the person still.
- d. All of the above.

Select Answer

14. The general care for a muscle, bone or joint injury includes the following:

- a. Reduce, Insulate, Compress and Evaluate
- b. Rest, Ibuprofen, Cool and Evacuate
- c. Rest, Immobilize, Cold and Elevate
- d. None of the above

Select Answer

15. Heat-related illnesses include the following:

- a. Fainting and hyperglycemia
- b. Heat cramps, heat exhaustion and heat stroke
- c. Heat cramps, stroke and insulin shock
- d. Hypoglycemia and sunstroke