First Aid Multiple Choice Test

Answer all 25 questions by circling the correct answer.
This is an open-book test. Answers are contained in The Boy Scout Handbook.

Patrol ____________________ Troop ____

1. When making a 911 call, what are the three W’s?
   A Who, What, Where
   B Where, What and Why
   C Why, When and Where
   D Who, What and When

2. What is first aid?
   A Completing a primary survey
   B The first help given to the victim of an accident
   C Assessing a victim’s vital signs
   D Treating a victim for shock

3. What treatment does a victim who’s life threatening condition is “not breathing” need?
   A The Heimlich Maneuver, two rescue breaths and CPR
   B Start CPR immediately
   C Twelve to fifteen rescue breaths per minute and correct CPR
   D You should follow the steps for rescue breathing

4. The best treatment for all heart attack victims is immediate CPR.
   TRUE  FALSE

5. Sharp, stabbing twinges of pain in the chest is a sure sign of a heart attack.
   TRUE  FALSE

6. The accepted treatment for a femor or thigh fracture is:
   A Place a short padded splint on each side of the leg
   B This type of fracture is best handled by a traction splint applied by those with special training
   C Move the victim before properly applying a leg splint
   D Bind both legs with two long splints using two cravats, one above and one below the break

7. The victim of a poisonous snake bite is not at risk for getting rabies.
   TRUE  FALSE

8. Some people are very allergic to insect bites and stings. This condition is called:
   A Septic shock
   B Cardiac arrest
   C Toxic shock syndrome
   D Anaphylactic shock
9. A small animal that is almost invisible, burrows into the skin and causes itching:
   A Common wood tick
   B Limon-Lyme tick
   C Rocky mountain spotted tick
   D Chigger

10. The accepted treatment for a sprained ankle is:
    A Remove the shoe and check for swelling using the capillary reflex method
    B Keep the shoe on, apply an ankle bandage for support, elevate and apply cold towels
    C Keep the shoe on, apply an ankle splint and apply heat if possible
    D Have the victim walk or move as soon as possible to prevent stiffness

11. The accepted treatment for a nose bleed is:
    A Use direct pressure, elevation and pressure points to control the bleeding
    B Tilt the head back and tightly squeeze the nostrils
    C Have the victim lean forward. Apply gentle pressure on the nostril. Apply cold towels.
    D Lay the victim on his back and treat for shock. Apply heat if available

12. What is the best definition of the “Hurry Cases”?:
    A Breathing, bleeding and broken bones
    B Any condition that threatens a victim’s life
    C Any illness where the victim vomits
    D Any accident requiring rescue breathing

13. After you have surveyed an accident scene and provided for your own safety you should:
    A Take charge, remain calm and act with confidence to the level of your training
    B Provide primary treatment for shock
    C Call 911 or your local emergency number
    D Provide immediate treatment for the “hurry cases”

14. It is not necessary to determine if a person with an obstructed airway has a pulse.
    TRUE FALSE

15. To treat a first degree burn you should:
    A Apply a good quality burn cream or ointment
    B Clean the area thoroughly with hot soapy water
    C Apply a constricting band between the burn and the heart
    D Apply cool running water until there is little or no remaining pain

16. A victim that has come in contact with poison ivy should:
    A Wait at least 20 minutes before washing the effected area with hot water and soap
    B Rinse the effected area immediately with soap and water
    C Continue to wear clothes that have come in contact with the plant
    D Immediately scratch and rub the effected area to provide long-term relief from the itching
17. Which of the following techniques is not suitable for moving an unconscious victim?
   A Improvised stretcher
   B Four-handed seat carry
   C Two person carry
   D Blanket drag

18. Assuming you are properly trained, the best procedure to follow for a water rescue is:
   A Throw, row then go
   B Try to reach from the shore, then throw a rope or rescue device, last go with support
   C Swim with support, throw a rope or flotation device, reach with a pole from shore
   D Reach, paddle, swim

19. What is the appropriate treatment for a suspected broken collarbone or shoulder?
   A Apply a simple sling. Bind the sling to the chest with a cravat
   B Use the cross your heart padded chest support method
   C Use the flail chest protection system
   D Apply a modified “Johnson Traction Splint”

20. Which statement about a simple sling is true?
   A The part of the sling against the chest goes over the shoulder on the injured arm
   B The “pigtail” protects the neck from injury from the sling
   C The injured hand should be four to six inches higher than the elbow
   D The part of the sling furthest away from the chest passes over the shoulder on the injured arm

21. White or grayish-yellow patches on someone’s ears, noses or cheeks are signs of
   A Frostbite
   B Cold related stress disorder
   C Anaphylactic shock
   D Hypothermia

22. The primary symptom of the advanced stages of hypothermia requiring immediate medical attention is violent shivering.
   TRUE  FALSE

23. The symptoms of Heat Stroke and Heat Exhaustion are very similar and are often confused.
   TRUE  FALSE

24. Which of the following correctly describes the CPR technique for an adult:
   A Four cycles of 15 compressions followed by 1 breath each minute
   B One cycle of one breath and 10 compressions each 2 to 3 inches deep per minute
   C Twelve cycles of one breath and 5 compressions per minute
   D Four cycles of two breaths and 15 compressions per minute
25. What is the best procedure for treating a known poisonous snake bite?
   A Capture the snake. Place it in an ice chest and take the snake and victim to a hospital.
   B Place a constricting bandage 4 inches above the head of the snake to slow the spread of venom
   C Keep the victim calm, keep the bite location lower than the heart, get medical help immediately
   D Treat the victim for shock and continue the planned activity

   **Tie Breaker Questions**

Severe bleeding is a “hurry case.” Which one of the following statements is TRUE:
   A Bleeding can seldom be stopped with direct pressure
   B A tourniquet is almost always required to control serious bleeding
   C Should the first sterile pad used become blood soaked, immediately remove it and apply another
   D Try to avoid direct contact with the victim’s blood by using latex gloves or another barrier

List five steps in the order you and your patrol would do them to respond to the following emergency situation:

   A Scout on a campout falls against a rock. He shouts for help. His head is bleeding and his arm is bent at an odd angle.

1 __________________________________________________________________________
2 __________________________________________________________________________
3 __________________________________________________________________________
4 __________________________________________________________________________
5 __________________________________________________________________________

Check your answers!
First Aid Multiple Choice Test
Adult Leader Answer Key

1. [Page 405] When making a 911 call, what are the three W’s?
   ☑ Who, What, Where
   B Where, What and Why
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2. [Page 402] What is first aid?
   A Completing a primary survey
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3. [Page 405,411,413] What treatment does a victim who’s life threatening condition is “not breathing” need?
   A The Heimlich Maneuver, two rescue breaths and CPR
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4. [Page 407] The best treatment for all heart attack victims is immediate CPR.
   FALSE

5. [Page 407] Sharp, stabbing twinges of pain in the chest is a sure sign of a heart attack.
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6. [Page 437] The accepted treatment for a femor or thigh fracture is:
   A Place a short padded splint on each side of the leg
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   TRUE

8. [Page 424] Some people are very allergic to insect bites and stings. This condition is called:
   A Septic shock
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14. [Page 410,416] It is not necessary to determine if a person with an obstructed airway has a pulse.
    TRUE

15. [Page 420] To treat a first degree burn you should:
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   B Cold related stress disorder
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22. [Page 431] The primary symptom of the advanced stages of hypothermia requiring immediate medical attention is violent shivering.
   FALSE

23. [Page 429,430] The symptoms of Heat Stroke and Heat Exhaustion are very similar and are often confused.
   FALSE

24. [Page 412,413] Which of the following correctly describes the CPR technique for an adult:
   A Four cycles of 15 compressions followed by 1 breath each minute
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**Tie Breaker Questions**

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Check your answers!